



Manor Farm Infant School - Curriculum Design for PE

PE INTENT

- Importance of PE – physical, cognitive, social and emotional → whole well-being and child's spiritual, moral and cultural development
- Develops children's knowledge, skills and understanding = perform with increasing competence and confidence in range of physical activity.
- Promotes understanding of bodies and healthy lifestyle.
- Broad and balanced curriculum
- Promote daily exercise
- Provide extra-curricular sports and clubs and competition.

PE IMPLEMENTATION

- Broad and balanced curriculum covers national curriculum for PE in EYFS and KS1
- Cross curriculum links – makes engaging
- Daily physical activity at least 30 mins. Wake and Shake, (brain breaks), go noodle. Break times Activ Kids, adventure playground and games for physical movement.
- Sports Day
- Interschool community collaborative sports competition with Tylers Green.
- Extra-curricular clubs - lunchtime and after school.

PE IMPACT

Leave MFIS with:

- Acquired and developed skills with increased physical awareness.
- Apply skills to games and activities
- Understand need to persevere to achieve
- Learn to win and lose
- Lead healthy and active life choices – make healthier choices
- Love of exercise and develop positive attitudes to physical activity.

Meeting the needs of our disadvantaged children, including Children Looked After, those eligible for Pupil Premium funding and those with SEND.

- Adapt and scaffold so all children can access
- Provide kit where necessary
- Follow an inclusive PE scheme